

HOKOWHITU SCHOOL NEWSLETTER

Friday the 7th of March 2025

Important Upcoming Events 2025

14 March	- House meeting day - wear your house t-shirt today if you have one
18/19 March	- Education Review Office (ERO) visit
19 March	- Lucky Book Club orders due by today
20 March	- Hearing and Vision testing for those without B4 school checks (and eligible new pupils)
21 March	- 9am Whole school assembly - TKA sharing some of their learning
24 March - 9 April	- Badminton sessions across the school
25 March	- 5.30pm Board meeting in the staffroom, everyone welcome
1 April	- Ballot (if required) for Terms 3 and 4 out of zone enrolments
3 April	- Cluster swimming sports
4 April	- 9am Whole school assembly - TKM sharing some of their learning - 11.40am Year 1 - 3 duathlon
11 April	- House meeting day - wear your house t-shirt today if you have one - 3pm Last day of school for Term 1

Please respect the privacy of all ākonga when taking photos or videos. Please do not publish any photos containing other children from any school event.



UPDATE FROM THE PRINCIPAL

Kia ora koutou
Ngā mihi kia koutou

Ramadan is the ninth month of the Islamic calendar. It is observed by Muslims worldwide as a month of fasting (sawm), prayer (salah), reflection, and community.

We often have Muslim ākonga (and/or their whānau) who observe Ramadan by fasting, so we are extra cautious about discouraging food sharing, along with giving appropriate explanations to questions about why some people observe different cultural practices.

This is an example of us working within our third strategic goal
Recognising, supporting, and celebrating the diversity of our ākonga



BALLOT FOR OUT OF ZONE TERM 3 AND 4 ENROLMENTS

A ballot (if required) will be held on 1 April for new entrants who reside out of our school zone, but wish to enrol at our kura, starting in Terms 3 or 4 of this year.

Do you have a child turning 5 over this period? Do you know someone else who wishes to enrol with us, but we do not yet have their enrolment details?

Everyone who resides outside our enrolment zone **MUST** have enrolment information into the office by the 28 March so that we can accurately gauge how many spaces we have.

INTERSCHOOL TRIATHLON

Congratulations to the 20 Year 5 and 6 ākonga who represented our kura at this event earlier this week. This is a hugely challenging race and placings in the top 20 are significant.

Special congratulations to **Isla D** - 12th Year 5 girls, **Joslyn Z** - 18th Year 5 girls, **Edward W** - 10th Year 5 boys and **Maggie K** - 16th Year 6 girls, **Bailey C** - 20th Year 6 girls.
Tino pai rawa!

Thanks to all the parents who supported us with transport and encouragement - and thanks to Mr Hawkins for his oversight of the team. We couldn't participate in these events without your help.

"On Wednesday, the 5th of March, Year 5 and 6 students participated in the inter-school triathlon. It was held at Freyberg Pool and the field nearby. It was a challenging event, with many schools racing at the same time. The race order was Year 5 girls first, followed by Year 5 boys, then Year 6 girls, and finally Year 6 boys.

*Participants had to **run** 2 laps, **bike** 2 laps, and **swim** 3 lengths. To find out their placement, they received a popsicle stick with a number on it. At the end, there was a prize ceremony for the winners".*

Written by Ted D



MINISTRY OF EDUCATION UPDATES

2025 is a year of significant changes in education. Along with the introduction of new curriculum documents for both literacy and numeracy, the government has set a target for 80% of students to be attending school more than 90% of the time. Please see recent newsletters for the diagram outlining the 'traffic light' Stepped Attendance Response that we have been given.

School aged children should be at school every day, except when they are medically unwell (or in the case of exceptional circumstances such as bereavement).

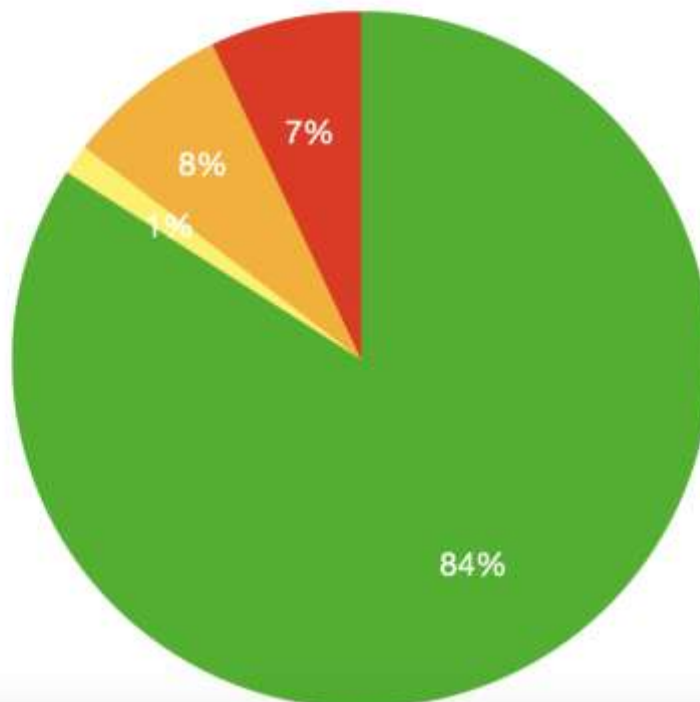
We are setting goals for attendance here at school and our target for Term 1 is to have 80% of our ākongā attending regularly over the whole school. We have set this target by looking at trends of attendance at our kura in Term 1 over time.

Attendance data from Week 4 was really pleasing - with 84% of the ākongā schoolwide attending regularly (more than 90% of the time).

Hooray, that means an extended morning tea break next Monday. Keep up the great work everyone.

2025-02-24 to 2025-02-28	# of Students attending	% of students attending
90.1-100	300	84.03
80.1-90	5	1.4
70.1-80	27	7.56
0-70	25	7

● 90.1-100 ● 80.1-90 ● 70.1-80 ● 0-70



As required, we will be proactive in making contact with whānau if we see patterns of non-attendance developing. This means we can work together to develop a plan to improve regular attendance. Please feel free to make contact

with us if you would like to discuss any challenges that you have with getting your tamariki to school on a regular basis.

ATAWHAI AWARDS

At this morning's assembly the following people were recognised for showing atawhai (kindness)

TKW: Hania A - We love the way you have become such an independent young lady. You have found your lovely voice and always say "good morning" and you know our routines and expectations. You are always kind to others and other teachers.

TKP: Lucy B - We love the way that you have used your increasing self-confidence to help others in the kete. You keep an eye out for where help is needed and have a lovely way of offering assistance. You show kindness to kaiako and your smile brightens our day. You are a valued member of Te Kete Pounamu.

TKM: Claudia S -we love how you show atawhai everyday to those around you. You come in each day with a friendly smile and greeting. Claudia, you are always willing to share your understanding, make contributions with enthusiasm and help your peers in the kete. You are always the first to offer to help a fellow student or teacher. Thank you for showing atawhai in Te Kete Manawa

TKA: Isla F - Isla consistently demonstrates kindness and empathy towards her peers. She is always attentive to others' needs, frequently checking on students to ensure they are doing well and offering support when needed. If she notices someone struggling, she thoughtfully informs the teachers. Isla's respectful and thoughtful nature makes her a reliable friend and a trusted member of our kete. She is always ready to listen and offer help.

TKT: Amiria S - You are a conscientious and thoughtful person, always among the first to offer help to both your peers and teachers. Your kindness shines through as you support those in need with understanding and compassion. Whether assisting others in group work, making compromises when necessary, or being a thoughtful listener, you consistently step up and give your best in everything you do.

STAFF: Ms Salter - Ms Salter has shown atawhai by again agreeing to be the main organiser for our upcoming Northern Cluster swimming sports. This is quite an undertaking and uses all her fantastic organisational skills. Thank you for showing atawhai in this way Hilary.

Thanks to each of you for showing atawhai - you make our kura a better place to be.



Wishing everyone a lovely weekend.

Ngā mihi nui
Lin Dixon

BIG DAY OUT 2025

TKW



TKP



TKM



BIG DAY OUT 2025 CONTINUED

TKA



TKT



A big thank you to all volunteers who came along on the Big Day Out. These trips could not go ahead without all of your support.

Ways to Contact The Office When Your Child Will Be Late Or Absent

Email - office@hokowhitu.school.nz

Phone (You can also leave a voicemail) - 06 357 9667

App - See how to download the App below

<https://hokowhituprimary.apps.school.nz/>

School cell phone (you can ring or text this number) - 027 357 9021

Please contact us as soon as you know your child will be late or is not coming to school as it can take a long time to contact everybody that doesn't contact us. We do this to ensure your child is safe and not a missing child. Please do not contact the teacher directly, they don't always see emails when they are teaching. Thank you.

Important Information for Parents & Guardians

Please download our school App if you haven't already, all **IMPORTANT/URGENT** notifications will come through this channel. Follow the directions as stated below



Stay up to date with a snap of your fingers

IT'S EASY!

Our School Communication All In One Spot

- School Alert Groups
- Cancellations
- Direct Absentees
- Contacts Directory
- School Events
- Daily Notices

Plus Much More!

School Apps snApp mobile ^{NZ} **Simple free download:** In Google Play & App Store search 'SchoolAppsNZ' & choose **our school** once installed.

SPORTS

SPORTS UNIFORMS

We hire out our sports uniforms for the calendar year. Please ensure when registering for a sport you also hire a sports uniform. You only need to do this once a year. All uniforms get returned at the end of the year. If they do not get returned, you will get invoiced the \$70 for a replacement uniform, thank you.

BASKETBALL 2025 (Years 3-6) - This is **OPEN** on Kindo **NOW**.

Registrations are now open for **year 3-6** players who wish to play basketball.

Fees for the season will be \$90 per player.

Games will be played at CET Arena on Thursdays beginning the 1st of May, final game is the 26th of June.

Children will be required to wear a mouthguard when playing. **NO MOUTHGAURD NO PLAY**

Coaches will be needed for all teams.

To register follow the link here - <https://shop.tgcl.co.nz/shop/q2.shtml?shop=Hokowhitu%20School>.

Registrations close at 12pm on Friday the 28th of March

Unfortunately, no late registrations can be accepted.

Sports available at Hokowhitu School for 2025

We will let you know in upcoming newsletters and through the School App when these sports are open on Kindo.

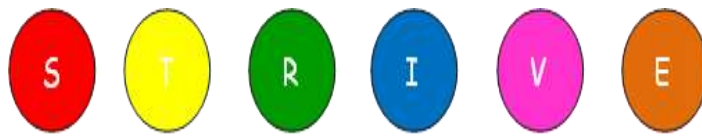
(Please note Rugby and Winter Soccer are CLUB sports, these ARE NOT offered at Hokowhitu School).

Term 1	Term 2	Term 3	Term 4
Netball - Years 5 & 6	Basketball - OPEN NOW ON KINDO Years 3 - 6	Futsal - Years 3 - 6	Summer Soccer - Years 0 - 6
Summer Hockey - Years 1 - 6	Winter Hockey - Years 1 - 6	T-Ball - Years 0 - 2	Netball - Years 0 - 4
Badminton - Years 5 & 6		Badminton - Years 4, 5 & 6	Summer Hockey - Years 0 - 6
			Touch Rugby - Years 0 - 6
			Volleyball - Years 4, 5 & 6
<i>These sports are available in term one and they close for registration in week 2 of term 1.</i>	<i>These sports are available in term two and three and they close for registration in week 9 of term 1.</i>	<i>These sports are available in terms three and/or four and registration closes in term 3.</i>	<i>These sports are available in term four and they close for registration in term 3.</i>

If you have any sports related questions please feel free to contact

- Carlee Hodge - c.hodge@hokowhitu.school.nz OR

- Stacey Tayler - s.tayler@hokowhitu.school.nz



ACHIEVEMENT AWARDS

Te Kete Wakahuia

A big Hokowhitu and Waka welcome to **Manaki-Vai** and **Sanumi**.

Isabella - For showing resilience during a shared game.

Nevaeh-Leigh - For showing resilience during literacy learning.

Zac - For your super maths knowledge. Kā rawe.

Tiesha - For being a role model with our dance in the pool. Tino pai.

Calvin - For blending sounds to read words. Tino Pai.

Ellie - For using spaces after words in her writing. Kā rawe.

Te Kete Pounamu

Indy - For showing 'E' for enthusiasm in all areas of learning - Keep it up Indy!

Carson - For stepping up and trying new things at big day out - Ka rawe Carson!

Jack - For giving wonderful compliments to his kaiako!

Spencer - For showing resilience. Kā pai!

Vienna - For stepping up in your learning. Kā rawe!

Saanvika - For focusing well in maths workshops. Tino pai!

Hayze - For fully completing fantastic mahi at literacy writing and follow up.

Aryan - For being in the right place at the right time in literacy rotations. Tino pai!

Remy - For being a whetu nui kaitiaki of our school by picking up lots of rubbish at Enviro team.

Te Kete Manawa

Emma - For lovely formation in handwriting.

Adam - For good improvement in your handwriting and taking on feedback.

Oliver - For demonstrating an increasing understanding of spelling patterns and rules.

Eddie - For completing great math work and finding coordinates.

Harkamal - For working quickly in math and getting more tasks completed.

Muhammad - Welcome to Hokowhitu School and Te Kete Manawa. We are excited to have you.

Dontae - For working hard on developing your diving technique during swimming sessions.

Suyog - For participating in literacy and sharing great ideas.

Joshua - For an amazing effort with your spelling patterns and rules.





ACHIEVEMENT AWARDS

Te Kete Aronui

- Joanna** - For being an active team participant and including others.
Aditya - For persevering with the rhyming challenge in our 'Amazing Race'.
Romaan - For thinking creatively during our 'Amazing Race' challenge.
Joy - For being an active team participant and including others
Anna W - For stepping up and always doing your best with your ESOL lessons.
Welcome to Hokowhitu School **Maryam**, you've settled in really well!

Te Kete Tangaroa

- Lucy** - For always being ready for learning.
Harrison - Showing manawanui, leading by example.
Aiden - Expertly using commas and speech marks together.
Imogen D - For her effort and enthusiasm for learning.
Hohua - For being a focused and kind member of TKT and asking for help when he needs it.
Shanaaya - For her gentle and kind nature in TKT.
Johanna - For her concentration and perseverance in maths.
Zayd - For stepping up and taking on lots of responsibility in Turitea.
Orla - For being a wonderful role model in TKT.



COMMUNITY NOTICES

CHILLED EVENTS RETURNS WITH THE

PALMERSTON NORTH SQUARE

ICE RINK

27TH - 27TH
**MARCH-
APRIL**

OPEN
**10AM - 10PM
EVERYDAY**

REAL ICE. REAL FUN. REAL MEMORIES
TICKETS FROM CHILLEDEVENTS.FLICKET.CO.NZ

M MARIST
JUNIOR
RUGBY
PALMERSTON NORTH

2025 Junior Registration Days

Year 1 to Year 8
Year 1 Registrations Free
Girl Only Teams Available

MARIST
CLUBROOMS
17A PASCAL STREET

Sunday, 23rd February, 3 - 4:30pm

Sunday, 2 March, 3 - 4:30pm

Sunday, 9th March, 3 - 4:30pm



DANCE COLLECTIVE MANAWATŪ

Te Roopu Kanikani o Manawata

WE ARE OPEN!

Open Day is 9 March at 9am till 10am

89b Bourke Street Palmerston North

- Ballroom and Latin American

- Jazz

- Ballet

Contact Doug at 0275949428 for more information



Made for Girls.

Open Day

Friday 28 March, 10am

For full details and to register, visit
ngatawa.school.nz/openday

P: +64 6 327 6429
Calico Line, Marton

[f /ngatawaschool](https://www.facebook.com/ngatawaschool)



NGA TAWA
DIOCESAN SCHOOL

Skill based anxiety reduction programme for school aged children

- 8 week course. One hour per session. One session per week.
- Parents attend alongside child. Parents learn theory and reasoning behind the strategies children are learning.
- Practical strategies are taught by the child programme facilitator.
- Based on Acceptance Commitment Therapy, Cognitive Behavioural Therapy and Self Compassion models.
- Children learn skills in mindfulness, relaxation, self compassion and problem solving.
- Adults learn about identifying and managing sensory issues, thinking errors and social difficulties.

School Based Option Age group 8- 11yrs or Based in the Community

- School choose students to attend – up to 8 per group.
- Children and parents received Project CALM Programme on school site after school.
- For registration of interest in hosting a Project CALM course contact: Supporting Families, 06 3558561 christine@manawatusf.org.nz



PALMERSTON NORTH
06 355 8561
163 Broadway Avenue

LEVIN
06 368 6116
58 Bath Street

DANNEVIRKE
06 374 8797
40 Denmark Street

www.manawatusf.org.nz

Project CALM



*reaching out to those
whose lives are affected
by mental illness*

*out of the shadows into the sun
puta mai i te po, ki te whai ao
ki te ao marauatanga*



Whangaia Ka Tupu, Ka puawai *What is nurtured will flourish*

Anxiety is a functional and necessary human experience. We need a level of anxiety to prompt us to take action in preparation of upcoming events. For example, a level of anxiety about failing a test is useful to prompt a student to study for the test.

However, anxiety without effective action can become overwhelming. It



can have the effect of making people panic, become inactive, avoid tasks, withdraw from the world, or become physically ill. This level of anxiety is unhelpful.

CALM is an 8-week group delivery programme designed as an instructional teaching programme. CALM includes both basic information content and the teaching and practice of skills and strategies. CALM has been written with the intention of helping school aged children and their family/whānau to understand why some people become anxious, and to gain some strategies for dealing with unhelpful anxiety.

CALM tackles three broad topics: physiology of anxiety, psychology of anxiety and social foundation of anxiety.

Through the programme, parents and children will learn about:

- How their senses gather information about the world, why that information might cause anxiety, and how that sensory information can be managed.
- How their bodies generate the symptoms of anxiety and how these symptoms can be managed.
- How their minds generate thoughts that trigger anxiety and how these thoughts can be managed.
- How their social situations increase or decrease the experience of anxiety and how those social situations can be managed.

Parents and the Children will be in separate rooms for most of the programme but will come together at the end of each session.